



THE PRINCE'S TRUST HELP 16-30-YEAR-OLDS INTO WORK. HAVE YOU BEEN OFFERED A H&SC JOB?

Have you received a health and social care job/apprenticeship offer, but haven't yet started in post? The Prince's Trust can support you with mentoring, workshops, mental health support and financial grants to help you start work.

STEPS INTO HEALTH & SOCIAL CARE WORKSHOPS

Virtual workshops to boost your confidence and skills, as you start your Health and Social Care career. With Steps Into, you can tailor your support and choose sessions that are right for you e.g.

How to navigate on-boarding checks:
References, DBS, education and career history, personal statements.

Personal finance

Confidence and communication in the workplace

MYNDUP

Mindful breathing
meditation

Improve your financial wellbeing during financial uncertainty

Unlock life changing habits and create lasting change

Overcoming your limiting beliefs to uncover greater potential

How to reduce work stress after a holiday

121 support with a trained mental health practitioner

MENTORING

You will be matched with your own personal mentor who has a wealth of experience that they can't wait to share with you. They offer personal support, inspiration and guidance to help you navigate and start your new job!

FINANCIAL SUPPORT

Apply* for up to £500 to support with your:
Travel to work
Childcare
Uniform/work shoes
ID / DBS checks etc.

TO APPLY FOR SUPPORT, PLEASE SCAN THE QR CODE:

ELIGIBLE FOR 16-30-YEAR-OLDS WHO HAVE THE RIGHT TO WORK IN THE UK.

*** ASSESSMENT APPLICATION REQUIRED.**

