

## **Mental Health Practitioner**

Location:

Salary:

Permanent – Full Time, 40 hours

Reports to: Associate Clinical Director of the Region and the person nominated by them to be your supervisor

### **Objectives of the post:**

To provide a therapeutic service to children and young people placed within identified in the region by assessing and identifying their needs and meeting them through consultation and training to Residential and MDT staff, direct therapeutic work, care planning and management in conjunction with the MDT.

### **Supervisory/ Managerial Responsibilities:**

They may be required to supervise Health Care Students / Assistants as appropriate. Dependent on experience, they may be required to supervise other Mental Health Practitioners and offer structured support to identified operational roles within the organization.

#### **Range of Duties:**

1. To provide specialist assessments of children and young people placed within the Residential setting as appropriate
2. To exercise autonomous professional judgment and responsibility for the therapeutic management of children and young people including assessment, formulation, intervention, discharge and effective communication of these plans with other professionals involved in the care of the young person.
3. To formulate and implement plans of therapeutic intervention / management of children and young people's presentation based on psychological understanding of the difficulties within current evidence-based practice, in conjunction with the wider MDT at the setting.
4. To undertake consultation and training with Residential staff, supporting them to understand the reasons for a young person's presentation and enabling them to provide holistic therapeutic care.
5. To undertake risk assessment and management for individual children and young people and to provide advice on the therapeutic aspects or risk assessment and management to other professions.

6. To maintain comprehensive clinical notes and consultation records as defined in the operational policy.
7. To effectively monitor the progress of interventions and report on outcomes.
8. To contribute to medication management processes and related staff training as required.
9. To provide professional and clinical supervision of other CAMHs/MH Practitioners alongside that of any other junior members of the team as identified by their line manager and as appropriate.
10. To contribute to the development, implementation, evaluation and monitoring of the team's clinical service and operational policies at a site as necessary.
11. To contribute to the writing of protocols and policies concerned with the delivery and development of clinical services, providing a therapeutic perspective as appropriate following evidence-based practice.
12. To receive regular clinical supervision and professional management, according to good practice guidelines.
13. To remain informed of, and critically evaluate, current research and literature to support evidence-based practice interventions with children and young people.
14. To undertake appropriate service relevant research as agreed with the Associate Clinical Director
15. To undertake other tasks required by the service in negotiation with the supervisor.

## Person Specification

Category	Essential/ Desirable	Description	Means of Assessment
<b>Knowledge and Experience</b>	Essential	Experience of assessment and treatment of children, adolescents and their families across the full range of care settings.	Application Form/ Interview
	Essential	Experience of working with Looked After Children in residential settings with the full range of clinical severity including maintaining a high degree of professionalism in the face of highly emotive and distressing problems, verbal abuse and possible physical aggression (if appropriate to setting)	Application Form/ Interview
	Essential	Knowledge of the theory and practice of therapeutic interventions with Looked After Children. Particularly models of Consultation (if appropriate to setting)	Application Form/ Interview

	Desirable	Experience of teaching, training and/or supervision.	Application Form/ Interview
	Desirable	Knowledge of legislation in relation to young people and mental health.	Application Form/ Interview
	Desirable	Experience of the application of therapeutic models in different cultural contexts.	Interview
<b>Skills and Abilities</b>	Essential	Skills in the use of complex methods of assessment, intervention and management, frequently requiring sustained and intense concentration.	Application Form/ Interview
	Essential	Well developed skills in the ability to communicate effectively, orally and in writing.	Application Form/ Interview
	Essential	Skills in providing consultation to other professional and non-professional groups.	Application Form/ Interview
	Essential	Attended/ willing to attend a formal training programme in supervision.	Application Form/ Interview

<b>Training And Education</b>	Essential	Relevant Professional Qualification	Application Form/ Qualification/
	Desirable:	Registered mental health nurse	Interview
	Essential	Registration, or eligibility for registration, with a relevant professional organisation	Application Form
<b>Other Requirements</b>	Essential	Ability to teach and train others, using a variety of complex multi-media materials suitable for presentations within public, professional and academic settings.	Interview/ Application Form
	Essential	Ability to identify and employ mechanisms of clinical governance as appropriate, to support and maintain clinical practice in the face of regular exposure to highly emotive material and challenging behaviour.	Interview/ Application Form
	Desirable	Experience of working within a multi-cultural framework.	Application Form/ Interview

Employee.....Date.....

Employer.....Date.....