



JOB DESCRIPTION

POST: Mental Health Practitioner

DEPARTMENT: Trafford CAMHS for Children in Care

BAND: 6

HOURS PER WEEK: 37.5

REPORTS TO: Clinical Lead

RESPONSIBLE FOR: N/A

WORK BASE: Trafford Town Hall

JOB PURPOSE

This is a split post, with four days working within Trafford CAMHS CIC and one day working in Trafford Core CAMHS as a duty practitioner. The post holder will lead on the new Trafford iSTART pathway. This pathway will ensure any child in Trafford that becomes looked-after will receive an SDQ after 6 weeks, and 12 monthly SDQ monitoring following this. Children and Young People who score high will be offered a consultation to determine what type of emotional health support is required. This might include signposting to other services or progressing through the core mental health pathway within CAMHS CIC. The post-holder will also hold their own case load proportional to the iSTART pathway demand.

Managing a caseload within Trafford's Child & Adolescent Mental Health Service for Children in Care (CAMHS-CIC), the post holder will also provide a range of high-quality care appropriate to the child or young person's needs which will include; mental state assessment, risk assessment and management, family and social assessment, consultation and interventions. The post holder will have a range of skills and knowledge base to deliver clinical aspects of the role in a multi-disciplinary team setting and will be competent to do this work as an autonomous practitioner within professional practice guidelines and a structured supervision framework. This post is a clinical post, and the expectation of time management is the majority of time spent in actual practice contributing to the core CIC service, and in particular, the screening service.

KEY DUTIES AND RESPONSIBILITIES

1. CLINICAL

- a. Act as 'Duty Person' and undertake the receiving of and screening of referrals, obtaining further information if needed and responding promptly to emergency requests for assessments or contact.



- b. To undertake assessment of referrals, including risk assessment, gathering appropriate information from the child, their family and other relevant agencies.
- c. Following assessment, to develop a formulation and plan for intervention, in collaboration with the child, young person and parents/carers and communicating this to the referrer and other relevant professionals.
- d. To utilise, in collaboration with the child, young person and family, assessment and outcome measures throughout all clinical activity and supervision, maintaining up to date records of such in clinical notes (paper and electronic).
- e. To implement, co-ordinate and regularly review further assessment and a range of therapeutic interventions, including risk management, utilising the skills and expertise of the multi-disciplinary team and other agencies where appropriate.
- f. Ensure that the perspective of children, young people and families is incorporated into all aspects of assessment and treatment.
- g. To actively participate in regular clinical supervision.
- h. To attend and contribute to multi-disciplinary team meetings and multi-agency meetings.
- i. To participate in a duty rota covering Monday – Friday 9.00am-5.00pm, offering CAMHS liaison services to paediatric staff and the assessment of emergency referrals one day a week.
- j. To work closely with and liaise with other professionals working in other Children's services and Tier 1 Child and Adolescent Mental Health Services (for example, General Practitioners, Health Visitors, School Nurses).
- k. To contribute to multi-disciplinary specialist therapy services and clinics within the Department.
- l. To co-work cases managed by other members of the multi-disciplinary team.
- m. To work from a multi-agency perspective in liaison with other professionals.
- n. To attend and contribute to professional meetings.
- o. To keep accurate, timely and thorough records of care provided to all patients, including the compilation of appropriate statistics.
- p. To provide written reports as required and within timescale.

Development of a screening pathway (Trafford iSTART pathway)

- a) to liaise with the social work team and Paediatric service regarding children who become looked after by Trafford LA.
- b) to complete initial SDQ within 6 weeks and formulate an action plan and communicate this to all relevant parties.



- c) to decide on an appropriate course of action depending on level of need e.g., signpost to appropriate services, transfer to core CIC team, remain on monitoring pathway.
- d) to review information collated, score and write summary report for the network with recommendations.
- e) to contribute to collating of data for the annual report summarising identified need.
- f) to work confidently with carers (face to face and via telephone).

2. EDUCATION

- a. To maintain an up-to-date knowledge of current issues and practice in child and adolescent mental health.
- b. To participate in locally agreed appraisal process and staff development.
- c. To undertake mandatory training as per Trust policy and participate in other relevant training to meet the needs of the service and as outlined in the individual's personal development plan.
- d. To attend supervision sessions with identified supervisor as per Directorate protocol.

3. CLINICAL GOVERNANCE

- a. To contribute to audit, research and evaluation of the service.
- b. To maintain registration of core profession and memberships relevant to the area of practice, working in accordance with such.
- c. To attend and actively participate in management supervision with the Service Manager.
- d. To liaise regularly with the Service Manager concerning service provision, informing them of any matters that may affect such.

4. POLICY

- a. To work in accordance with the Trust and directive policies and procedures.
- b. To practice within national and local policy and legislation including Professional Codes of Practice.
- c. To participate in research projects.

5. INFECTION CONTROL

It is a requirement for all staff to comply with all infection control policies and procedures as set out in the Trust's Infection Control manual. The postholder is also responsible for ensuring all their staff



attends mandatory training, including infection control and to provide support to the Director of Infection Control.

6. HEALTH AND SAFETY

The Trust has a statutory responsibility to provide and maintain a healthy and safe environment for its staff to work in. You equally have a responsibility to ensure that you do nothing to jeopardize the health and safety to either yourself or of anybody else. The Trust's Health and Safety Policies outline your responsibilities regarding Health & Safety at Work.

The post holder must not willingly endanger him/herself or others whilst at work. Safe working practices and safety precautions must be adhered to. Protective clothing and equipment must be used where appropriate.

All accidents/incidents must be reported to your Senior Manager and documented as per Trust Policy, including the reporting of potential hazards.

7. SAFEGUARDING

Ensure that the policy and legislation relating to child protection and Safeguarding of children, young people and vulnerable adults are adhered to. It is the responsibility of all staff to report any concerns to the identified person within your department/division or area of responsibility.

SECURITY

The post holder has a responsibility to ensure the preservation of NHS property and resources.

CONFIDENTIALITY

The post holder is required to maintain confidentiality at all times in all aspects of their work.

TEAM BRIEFING

The Trust operates a system of Team Briefing, which is based on the principles that people will be more committed to their work if they fully understand the reason behind what is happening in their organisation and how it is performing.

NO SMOKING POLICY

The Trust operates a no smoking control policy, which applies to all staff, patients and visitors and extends to the hospital grounds as well as internal areas.

THE TRUST IS AN EQUAL OPPORTUNITIES EMPLOYER

This job description indicates the main functions of the post holder and may be subject to regular review and amendment in the light of service development. Any review will be undertaken in conjunction with the post holder and in line with Trust policy.

