



JOB DESCRIPTION

POST: Clinical Psychologist/Senior CAMHS Mental Health Practitioner

DEPARTMENT: Trafford CAMHS CIC

BAND: 7

HOURS PER WEEK: 37.5

REPORTS TO: Service Lead for Trafford CAMHS CIC

RESPONSIBLE FOR: Junior staff, dependent on experience

WORK BASE: Trafford Town Hall / Sale Waterside

JOB PURPOSE

This is a new post that sits within a well-established and innovative CAMH CIC services. Trafford CAMHS-CIC is a long-established service in partnership with Trafford Children's Services. The service provides a specialist, targeted, city wide service to children and young people (0 – 18 years) who are cared for by Trafford Local Authority. There is extensive liaison, consultation and work with foster carers and professionals from Children's Services and all associated networks. This is an experienced trauma informed team and consequently there are plenty of opportunities for CPD and learning as well as joint working opportunities. The post holder will offer assessment and intervention, specialist consultation and staff training as part of this team. There will be a specific focus on supporting the fostering arm of Trafford's Children in Care Team via regular consultation and therapeutic parenting interventions to maximise placement security and stability.

The successful candidate will provide a range of high quality interventions appropriate to the child or young person's needs which will include; mental state assessment, risk assessment and management, family and social assessment, consultation, evidence based interventions. The post holder will have a range of skills and knowledge base to deliver clinical aspects of the role in a multi-disciplinary team setting and will be competent to do this work as an autonomous practitioner within professional practice guidelines. This post entails teaching and supervisory duties to other professionals and junior staff and/or students and regular consultation to the wider children's service. The post holder is also expected to promote and develop partnerships and interface with other professionals and agencies that work within the Child and Adolescent Mental Health THRIVE Framework.

This post is a clinical post and the expectation of time management is the majority of time spent in clinical practice.



Key Duties and Responsibilities



1. **Clinical:**

- To provide assessments, formulation, and specialist intervention to promote the mental and emotional health of children, young people and families/care networks with timely and effective decision making and communicate this to the referrer.
- To provide psychological expertise, advice and consultation to facilitate the effective and appropriate provision of psychological care by other professionals working with the client group from health and other agencies in areas relevant to direct clinical work and to service provision. This will include by attendance at planning meetings and multidisciplinary and multiagency reviews and where appropriate, convening meetings.
- To provide psychological training, advice, and consultation to staff from health and other agencies in areas relevant to direct clinical work, specifically with foster carers, residential staff, and social workers, in relation to cared for children.
- To ensure high standards of intervention, safeguarding and risk management in work with children, young people, and families with a diverse range of complex needs.
- To communicate sensitive, complex information to families who may be in a high degree of distress, maintaining a high degree of professionalism and respecting cultural diversity.
- To provide an immediate response and interventions where required to children and young people and be confident to safety plan, risk assess and understand when children and young people need a crisis response and how to manage this appropriately.
- To utilise, in collaboration with the child, young person and family, assessment and outcome measures throughout all clinical activity and supervision, maintaining up to date records of such in clinical notes.
- To implement, co-ordinate and regularly review further assessment and a range of evidence based therapeutic interventions, including risk management, utilising the skills and expertise of the multi-disciplinary team and other agencies where appropriate.
- Ensure that the perspective of children, young people and families is incorporated into all aspects of assessment and treatment.
- To actively participate in regular clinical supervision.
- To supervise junior staff, maintaining up to date records of such.



- To attend and contribute to multi-disciplinary team meetings and multi-agency meetings.
- To support the duty core team where appropriate, offering CAMHS liaison services to paediatric staff and the assessment of emergency referrals.
- Provide specialist advice and consultation to other professionals, individual and groups across the service, Trust, and other agencies, in particular offering targeted support to Trafford Children's Services and attend and contribute to professional meetings.
- To provide written reports as required and within timescale.
- Demonstrate excellent communication skills.

2. Education and Development:

- To maintain an up-to-date knowledge of current issues and practice in child and adolescent mental health and with the cared for population.
- To participate in locally agreed appraisal process and staff development.
- To undertake mandatory training as per Trust policy and participate in other relevant training to meet the needs of the service and as outlined in the individual's personal development plan.
- To attend supervision sessions with identified supervisor as per CSU protocol.
- To provide training to junior staff and outside agencies where appropriate.

3. Clinical Governance:

- To contribute to the audit and evaluation of the service, taking the lead on such when required.
- To maintain registration of core profession and memberships relevant to the area of practice, working in accordance with such.
- To attend and actively participate in management supervision with the Service Manager/Service lead.
- To liaise regularly with the Managers concerning service provision, informing them of any matters that may affect such.

4. Policy:



- To work in accordance with the Trust and CAMHS clinical service unit policies and procedures.
- To practice within national and local policy and legislation including Professional Codes of Practice.

KEY RELATIONSHIPS

- Members of the senior leadership team within CAMHS
- CAMHS Clinical Service Unit and CAMHS clinical teams and pathways
- Adult Mental Services
- Local Authority including Children's Social Care, Education, Youth Justice Service, Early Help
- Mental Health Crisis Pathways
- Acute Paediatric and Mental Health inpatient settings and services
- Community Health services and teams
- Voluntary, Third Sector and Independent providers
- Safeguarding Team/Named Nurse for Safeguarding

INFECTION CONTROL

It is a requirement for all staff to comply with all infection control policies and procedures as set out in the Trust's Infection Control manual. The postholder is also responsible for ensuring all their staff attends mandatory training, including infection control and to provide support to the Director of Infection Control.

HEALTH AND SAFETY

The Trust has a statutory responsibility to provide and maintain a healthy and safe environment for its staff to work in. You equally have a responsibility to ensure that you do nothing to jeopardize the health and safety to either yourself or of anybody else. The Trust's Health and Safety Policies outline your responsibilities regarding Health & Safety at Work.

The post holder must not willingly endanger him/herself or others whilst at work. Safe working practices and safety precautions must be adhered to. Protective clothing and equipment must be used where appropriate.

All accidents/incidents must be reported to your Senior Manager and documented as per Trust Policy, including the reporting of potential hazards.



SAFEGUARDING



Ensure that the policy and legislation relating to child protection and Safeguarding of children, young people and vulnerable adults are adhered to. It is the responsibility of all staff to report any concerns to the identified person within your department/division or area of responsibility.

SECURITY

The post holder has a responsibility to ensure the preservation of NHS property and resources.

CONFIDENTIALITY

The post holder is required to maintain confidentiality at all times in all aspects of their work.

TEAM BRIEFING

The Trust operates a system of Team Briefing, which is based on the principles that people will be more committed to their work if they fully understand the reason behind what is happening in their organisation and how it is performing.

NO SMOKING POLICY

The Trust operates a no smoking control policy, which applies to all staff, patients and visitors and extends to the hospital grounds as well as internal areas.

THE TRUST IS AN EQUAL OPPORTUNITIES EMPLOYER

This job description indicates the main functions of the post holder and may be subject to regular review and amendment in the light of service development. Any review will be undertaken in conjunction with the post holder and in line with Trust policy.