

**ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION
TRUST**

JOB DESCRIPTION

Job Title: ADHD Nurse Practitioner

Operationally Accountable to: Neurodiversity Service Manager

Professionally Accountable to: ADHD Lead Nurse

Grade: Band 7

Base: Rotherham

1. JOB PURPOSE

To provide a high-quality specialist ADHD service to patients and their families across RDASH services. The post holder will be a prescriber for initiation, titration and ongoing management of ADHD treatment.

2. SUMMARY OF THESE ROLES INCLUDES

1. To provide comprehensive expert, treatment and management of children with ADHD across the RDASH localities. Review with others the assessment and monitoring of children identified with ADHD.
2. Provide direct nursing judgement and treatment interventions based on skills and knowledge regarding clinical management and educational management of children with ADHD.
3. Exercise Independent or Supplementary prescribing rights using guidelines and protocols
4. Ensure that the patient's interests are fully considered within the context of care, actively participating in ethical decision making within the multi-disciplinary team.
5. Exercise autonomous professional responsibility for the assessment, diagnosis, treatment, and discharge of patients.
6. To undertake risk assessments and risk management for individuals and their families.
7. To maintain up to date knowledge of legislation, national and local policies and issues in relation to ADHD.
8. To provide high quality support and advice to health and other professionals
9. To supervise the implementation and monitoring of new developments in ADHD.

10. To promote and co-ordinate the implementation of shared care arrangements.
11. Facilitate the resolution of potentially conflicting and antagonistic opinions of stakeholders in order that a collaborative approach is received by the service user and their family.
12. Provide clinical supervision, where appropriate for colleagues and students.

NURSE PRESCRIBING

1. Maintain relevant and pharmaceutical knowledge, critically appraise and apply information in practice.
2. Consult with patients to assess, diagnose and generate treatment options and follow up plans.
3. Prescribe safely and effectively, acknowledging own limitations and scope of practice.
4. Must be a Nurse prescriber or actively working towards this.
5. Access regular clinical supervision from a medical mentor.
6. Work within Trust policies that impact upon prescribing practice.
7. Participate in and use National Prescribing Centre competency framework to undertake regular audit and review of prescribing practice and medicines management.
8. Access continuing professional development opportunities relating to the nurse Prescribing role.

TEACHING, TRAINING AND SUPERVISION

1. To receive regular clinical professional supervision from the Neurodevelopment Lead Nurse and, where appropriate, other senior professional colleagues.
2. To provide advice, consultation and training to staff working with the client group across a range of agencies and settings.
3. To continue to develop the role of Independent Nurse Prescribing within ADHD.
4. To continue to develop self, taking advantage of development opportunities.
5. To create an environment in which other staff may flourish and develop their full potential in the management of young people with a diagnosis of ADHD.

MANAGEMENT, RECRUITMENT, POLICY AND SERVICE DEVELOPMENT

1. To participate in, and contribute to, the work of the Team, including attendance at Team meetings and service referral allocation meetings.
2. To support and contribute to the development, evaluation and monitoring of the Team's operational policies and services, through the deployment of professional skills in research, service evaluation and audit.

GENERAL

1. To maintain a high standard of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance in accordance with professional codes of practice and Trust policies and procedures.
2. To maintain up to date knowledge of legislation, national and local policies and issues in relation to both the specific client group and mental health.

IT RESPONSIBILITIES

1. To use Trusts electronic patient record system, to include recording all sessions and assessments.
2. The ability to use provided information technologies as required for the job, in addition to clinical recording, including the ability to use information technology skills where appropriate for recording clinical assessments - software is provided.
3. To ensure the security of records and data kept within the service.
4. In clinical work to access knowledge through internet searches to keep up to date with clinical and professional developments.
5. To utilise IT skills for presentations and teaching / training.
6. To record and analyse data for research and audit.

COMMUNICATION AND WORKING RELATIONSHIPS

1. To develop good working relationships and communicate effectively with other staff involved in the service user's care within the designated clinical area.
2. To communicate verbally and in writing highly complex and sensitive information in a manner appropriate to a range of settings and audiences, including complex, highly emotive situations and those with impaired communication capacities.
3. To manage frequent exposure to highly distressing and emotive disclosures, including highly emotive conflict situations that are presented by patients and their families.

WORKING ENVIRONMENT

1. The post holder will provide care and treatment to service users, their careers and families by holding regular clinic sessions.
2. The post holder may on occasion be exposed to unpleasant working conditions. This may include unsafe environments, with the potential risk of aggressive or highly distressing behaviours from clients, general public and unsafe properties.
3. There is a frequent necessity to sit in one place for prolonged periods and to maintain appropriate composure and focus i.e. during lengthy complex assessments & daily clinics, these will include up to 6 new diagnostic appointments.

PHYSICAL / EMOTIONAL EFFORT

1. The post holder will be frequently exposed to highly distressing and highly emotional circumstances during clinics, over the telephone or when visiting in patients own home. This can be daily depending on who is booked into clinics.
2. The post holder will frequently be required to communicate with families and other agencies regarding information of highly emotive issues.
3. The post holder will be expected to manage situations with families and other agencies which are of a highly distressing nature.
4. The post holder will be expected to act as an advocate for service users and their families in often contentious and distressing situations.
5. Computer and keyboard skills are required to maintain and update the ADHD clinic database
6. To work autonomously within professional guidelines.
7. To contribute to the development of best practice across the Children's ADHD services across the Trust, taking part in regular professional supervision and appraisal, and maintaining an active engagement with current developments in the field of Children's ADHD and related disciplines.

HEALTH AND SAFETY

1. To comply with Trust, Health and Safety policies and procedures.
2. To use in a proper and safe manner the equipment and facilities provided.
3. To refrain from the wilful misuse or interference with anything provided in the interests of health and safety and any action that may endanger yourself and/or others.
4. To report as soon as possible all hazards and defects to the Team manager.
5. To report as soon as possible all accidents and untoward occurrences and ensure relevant documentation is completed.

TO BE NOTED:

This is not an exhaustive list of duties and responsibilities, and the post holder may be required to undertake other duties which fall within the grade of the job, in discussion with the manager.

The post holder is expected to comply with all relevant Trust policies, procedures and guidelines, including those relating to Equal Opportunities, Health and Safety and Confidentiality of Information.

REVIEW

All job descriptions are intended to be flexible and will be reviewed from time to time. Post holders are expected to be flexible and must be prepared to carry out similar or related tasks, which do not fall within the duties previously outlined, and which can be seen as reasonable in view of the post's specification. The job description should be reviewed and amended in consultation with the post holder.

| PERSON SPECIFICATION | | |
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| POST/GRADE: ADHD Nurse Specialist / Band 7 | | |
| LOCATION: RDASH ADHD Service/Rotherham | | |
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| GENERAL REQUIREMENTS | | |
| Factor | Essential | Desirable |
| Qualification & Experience | Registered Nurse (RNM, RNLD, RGN) Evidence up to date and applicable CPD. Motivated with genuine interest in Neurodiversity. Hold V300 (Independent Supplementary Prescribing) or actively working towards this. | Evidence of extensive post registration learning & development. Independent Prescribing Qualification Previous experience in clinical leadership and delivering clinical supervision. Completed UKAAN training with experience as a diagnostician or willing to work towards. |
| Circumstances & flexibility | Flexible & responsive to the needs of the service. Able to cope with stressful situations and remain positive in the face of clinical pressures. Ability to prioritise busy workload/caseload. Use the full range of person centred alternative and augmentative communication strategies | Ability to work across the service when required, working within own competencies. Experience in supporting people with Learning Disabilities Experience in supporting people with substance misuse. |

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| Particular requirements of the post | <p>Clinical/risk assessment and care/treatment planning.</p> <p>Manage own caseload.</p> <p>Able to develop effective working relationships with patients/carers/other staff.</p> <p>Ability to promote a positive, person-centred culture based upon a recovery approach involving patients/carers in decision making.</p> | <p>Evidence of knowledge pertaining to policy drivers locally and nationally.</p> <p>Ability to contribute to development of service delivery.</p> |
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