

Mental Health & Learning Disabilities Division

Adult Mental Health Directorate

Overview:

The Adult Mental Health Directorate provides a number of services for patients with wide ranging mental health issues between the ages of 18 and 65, from crisis support; inpatient treatment; community support as well as specialist services across the whole of Gwent.

This information leaflet focuses on our **inpatient patient services** and seeks to provide potential applicants with information on our hospitals, locations and wards.



Borough	Ward	Beds	Description	Our Team
Caerphilly	Ty Cyfannol Ysbyty Ystrad Fawr	23 beds Mixed Sex	<p>Acute adult mixed in-patient unit providing recovery focused care for our patients, who have been deemed as requiring an in-patient stay following assessment by the Caerphilly Crisis Resolution Home Treatment Team (CRHTT).</p> <p>We work alongside the home treatment team, and the North and South Caerphilly Community Mental Health Teams (CMHT) to provide an inclusive service for mental health patients within the Caerphilly County Borough.</p> <p>We are also able to signpost people on to various other agencies who may be better able to meet their needs, such as charities and third sector organisations.</p>	<p>The team consists of a Senior Nurse, Ward Manager and are supported by a team of Deputy Ward Managers and approximately 30 nursing and care support staff, along with full time occupational therapist and therapist assistant to provide recovery focused care to our patients.</p> <p>The ward benefits from having a Clinical Charge Nurse post and an Acute Care Nurse post, which rotates between the CRHTT and ward. Nurses are supported to attend further training and develop their skills.</p> <p>Ty Cyfannol supports staff to develop in both clinical and managerial roles.</p>

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			Ty Cyfannol ward is the designated area for the Child and Adolescent Mental Health Service (CAMHS) assessment bed and they are situated opposite the Older Adult Dementia Unit.	The ward staff have access to regular clinical and managerial supervision.
Blaenau Gwent	Carn y Cefn Ysbyty Aneurin Bevan	11 beds Mixed Sex	<p>We provide recovery focussed care to our patients who have been deemed to require an inpatient stay following assessment by the North Gwent Crisis Resolution Home Treatment Team (CRHTT). Working alongside this team and the Blaenau Gwent CMHTs, we aim to provide an inclusive service for patients within this Borough.</p> <p>We are also able to signpost people to various other agencies to help meet their needs which could include charities and other third sector organisations.</p> <p>Carn y Cefn recently won a Student Placement award and were nominated for Team of the Year.</p>	<p>The team consists of a Senior Nurse, Ward Manager and are supported by a team of 2 deputy Ward Managers and 20 nursing and care support staff, along with full time occupational therapist and therapist assistant to provide recovery focused care to patients between the ages of 18 and 65 suffering mental illness.</p> <p>The ward staff have access to regular clinical and managerial supervision.</p>
Torfaen	Talgarn County Hospital	20 beds Mixed Sex	Talgarn Ward is an acute mental health unit serving the population of the Torfaen and upper Monmouthshire Boroughs. It is based in Griffithstown, Pontypool with easily accessible links to public transport. The unit works closely with the Home Treatment Team who support admissions and facilitate patient early discharge back to the community. The unit also works closely with the three Community Mental Health teams, Assertive Outreach Team and Early Intervention Team from the catchment area. Talgarn provides an ideal setting for staff to enhance their clinical skills or to gain experience of an acute setting.	<p>The team consists of a Senior Nurse, Ward Manager and are supported by a team of 3 deputy Ward Managers, Health Care Support staff and medical staff with access to other multi-disciplinary team members including psychologists, occupational therapists, dieticians and social workers as well as other disciplines that support the individuals during their stay.</p> <p>The ward staff have access to regular clinical and managerial supervision.</p>
Newport	Adferiad St Cadoc's	22 beds Mixed Sex	Adferiad also provides acute inpatient care for patients with wide ranging mental health issues, and is located at St Cadoc's Hospital in Caerleon. It is	The team consists of a Senior Nurse, Ward Manager and are supported by a team of 4 deputy Ward Managers,

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	Hospital		based alongside the Out of Hours Crisis Assessment Service and South Gwent Crisis Liaison Service, as well as being adjacent to the 136 suite for emergency assessments via section 136 of the Mental Health Act. The 136 Suite is a place of safety for those who have been detained under the Act by the police following concerns that they are suffering from a mental disorder	Health Care Support staff and medical staff with access to other multi-disciplinary team members including psychologists, occupational therapists, dieticians and social workers as well as other disciplines that support the individuals during their stay. The ward staff have access to regular clinical and managerial supervision.
Newport (Pan Gwent Service)	PICU or Beechwood Ward St Cadoc's Hospital	9 beds Mixed Sex	Beechwood Ward, St Cadoc's Hospital, Caerleon is the location of our Psychiatric Intensive Care Unit for the Mental Health & Learning Disabilities Division. It is a mixed ward for individuals who are detained under specific sections of the Mental Health Act and who are in an acutely disturbed phase of serious mental disorder, resulting in increased risks that seriously compromises their physical or psychological well-being, or that of others. PICU provides expert, supportive, individualised care for our patients who have an acute psychiatric condition and who require a safe, specialist environment for a short period of time. Beechwood unit is a low secure facility which means that all exterior exit doors are kept locked at all times. The unit recently underwent a full refurbishment to increase the number of beds and Extra Care Area Facilities.	The team consists of a Senior Nurse, Ward Manager and are supported by a team of deputy Ward Managers, nursing and care support staff and medical staff with access to other multi-disciplinary team members including psychologists, physiotherapists, dieticians and social workers as well as other disciplines that support the individuals during their stay. The ward staff have access to regular clinical and managerial supervision.
Newport (Pan Gwent Service)	Bellevue St Cadoc's Hospital	6 beds Female	Bellevue is a locked rehabilitation mental health ward for females, located on the St Cadoc's Hospital site, Caerleon. We provide intensive care for patients over a period of a few months to a couple of years. The service has a psychological focus to recovery which is based upon the theory of	Our multi-disciplinary team includes Senior nurse, Ward Manager, Nursing and Care support worker staff, Medical staff, Psychologist, occupational therapist and occupational therapist assistant.

			<p>attachment. The ward and staff strive to create a "secure base" for both patients and staff. A secure base is created through the development of relationships where everyone feels safe, nurtured, respected, valued and supported.</p> <p>We offer a wide spectrum of therapies and activities such as Cognitive Behavioural Therapy (CBT), Dialectical Behavioural Therapy (DBT), Mindfulness, Art Therapy and relaxation. Women can also access Mentalisation Based Therapy (MBT) via Hiraeth Services.</p> <p>There is a strong focus on engagement in activities and recovery. Care is tailored to individual needs and person focused, the involvement and commitment from women is crucial and encouraged on a daily basis. The Ward Manager of the unit previously won a Nurse of the Year Award.</p>	The ward staff have access to regular clinical and managerial supervision.
Newport (Pan Gwent Service)	Pillmawr St Cadoc's Hospital	13 beds Male	<p>Pillmawr is a locked rehabilitation mental health ward specifically for male patients. Based on the St Cadoc's Hospital, Caerleon it provides long term mental health rehabilitation prior to discharge into the community. Pillmawr ward is also aligned to North and South Lodges which are two 3 bedded open step down units for supported living on the St Cadoc's site. Both lodges provide patients with a less restrictive environment of care prior to progressing to community accommodation.</p> <p>Pillmawr ward were instrumental in establishing a fully functional wood shed on the St Cadocs site 2 years ago where the patients can go to increase their skills and confidence. The ward also ensure that the patients are as motivated as possible and engage in activities in the community such as football groups and walking rugby. They are also in the process of developing a Rehabilitation Strategy.</p>	<p>Pillmawr staff team includes a Ward Manager, two deputy Ward Managers and a team of registered nurses and Health Care Support Workers.</p> <p>We also have medical staff with access to other multi-disciplinary team members including psychologists, physiotherapists, dieticians and social workers as well as other disciplines that support the individuals during their stay.</p> <p>The ward staff have access to regular clinical and managerial supervision.</p>

Monmouthshire (Pan Gwent Service)	Ty Skirrid Maindiff Court Hospital	12 beds Male	<p>Ty Skirrid is a male open rehabilitation unit, located on the Maindiff Court site at Abergavenny in a picturesque countryside setting. Ty Skirrid consists of a homely 12 bedded unit with a 3 bedded house adjacent to the ward for those individuals who are more able to function independently.</p> <p>The ward ensure that the patients are as motivated as possible and engage in activities in the community such as football groups, college and walking rugby. There is currently a gardening project underway with the patients in collaboration with Growing Space. A gym has recently been established in the main building and the patients are regularly attending.</p> <p>Evening activities take place such as pool, darts, bingo and poker nights and staff support the patients to shop for their own cooking preparation and meals.</p>	<p>Ty Skirrid staff team includes a Ward Manager, two deputy Ward Managers and a team of registered nurses, health care support workers and an activities co-ordinator.</p> <p>We also have medical staff with access to other multi-disciplinary team members including psychologists, physiotherapists, dieticians and social workers as well as other disciplines that support the individuals during their stay.</p> <p>The ward staff have access to regular clinical and managerial supervision.</p>
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What our Staff Say about working with us:

We have a very strong team approach with people feeling valued and supported knowing that staff "have their back"

We develop really good relationships with patients, families and staff.

I began my career at Ty Cyfannol ward approximately five years ago as a healthcare support worker. I was immediately accepted as one of the team and was made to feel welcome. Having been on the ward for only a year I was supported to undergo my nursing training where I received a first class honours in Mental Health nursing. Having undergone my management placement at Ty Cyfannol I was lucky and secured full time employment back on the ward again and was supported throughout my preceptorship by my mentor and now supervisor.

I am now a Band six acute care nurse Ty Cyfannol Ysbyty Ystrad Fawr

There are great development opportunities and good

It can be a challenging environment, but as a team we also try to have fun.

I feel proud of the work that we do.