
JOB DESCRIPTION

DATE :
01/04/21
Updated Feb
2024
REF NO:

JOB DETAILS:

JOB TITLE: Sexual Health Nurse

BAND: 6

HOURS: 37.5

DEPARTMENT: Sexual Health Service, Inclusion Directorate (Specialist Care Group)

LOCATION: Haymarket Health, Haymarket Shopping Centre / Loughborough Health Centre

REPORTS TO: Nurse Manager

ACCOUNTABLE TO: Director of Nursing, Clinical Lead, Professional Lead for Nursing

RESPONSIBLE FOR:

- The post holder will support the provision of care within the Sexual Health Services.
- To work as part of a team and independently in nurse-led clinics and outreach community settings as required.
- To provide a quality and holistic service and be responsible for the assessment, planning, implementation and evaluation of care needs ensuring confidential records are maintained
- The post holder will offer screening for sexually transmitted infections, smear taking, provide advice, information, counselling and education on contraception and sexual health issues.
- To play an active part in the continuing development of the Sexual Health Service.
- Day to day line management responsibilities of junior staff and students

WORKING RELATIONSHIPS:

INTERNAL: Patients, carers, relatives, subcontracted partners, Inclusion Directorate / Specialist Care group

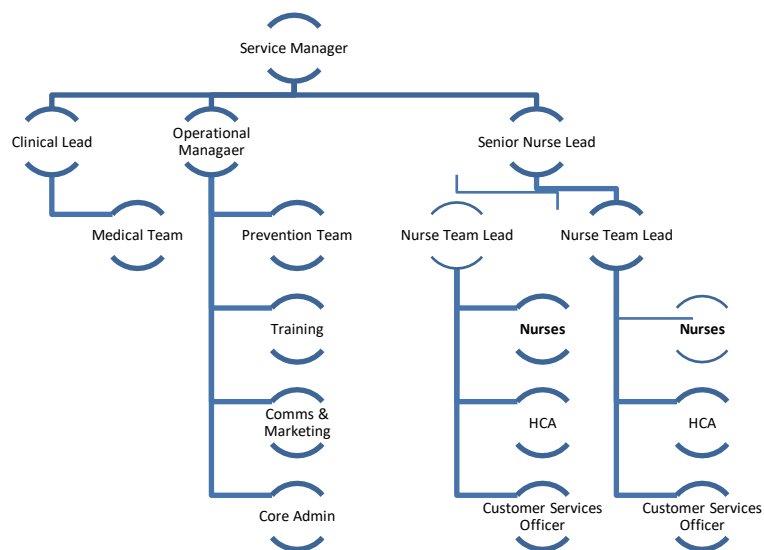
EXTERNAL: local authority, other healthcare providers, statutory bodies, voluntary sector

JOB PURPOSE:

The Sexual Health Service works across whole Leicester, Leicestershire and Rutland and is a highly complex and sensitive environment. Service provision is designed to provide safe, supportive and confidential settings to help clients assess their sexual health needs and make informed choices within a framework of high standards of care.

Clinical services are delivered via a hub and spoke model with locations across Leicester, Leicestershire and Rutland. The service also delivers clinical outreach and Prevention and Promotion.

ORGANISATIONAL STRUCTURE



KEY DUTIES AND RESPONSIBILITIES:

Clinical

- To be responsible for setting high standards of care within the resources available and to review and monitor these on a continuous basis, through the process of audit, to ensure continuing quality of care.
- Contribute to the delivery of evidence-based personalised and compassionate care which places quality at the heart of specialist practice. Care will be responsive to individual needs and reflect current local protocols and national guidelines
- To undertake nurse-led clinics working alongside nursing colleagues, to ensure continuity of service provision.
- Assess the contraceptive need of the client, taking a comprehensive medical, gynaecological, sexual and social history as appropriate.
- Offer testing for sexually transmitted infection, issue treatments as required, pregnancy testing and contraception provision of all methods including LARCs.
- To work within Patient group directions criteria issuing first supply and the re-issue of contraception and relevant treatments for sexually transmitted infections
- To fit and remove sub-dermal implants competently or to work towards this
- To fit and remove intrauterine devices competently or to work towards this
- To offer pregnancy assessment, counselling and support for clients requesting referral for termination of pregnancy. To discuss contraception needs post termination with the client
- Undertake non-medical prescribing if appropriately trained and clinically competent
- Perform cervical cytology as required and according to clinical practice and local eligibility guidelines
- Post holder will manage their own workload and be able to plan, organise and prioritise their clinic workload
- To maintain high quality clinical electronic and paper records as applicable including plans of care, interventions and referrals, and respecting confidentiality at all times.
- To maintain and record accurate and legible electronic and paper records as applicable consistent with the Trust's record keeping policy and NMC record keeping standards.
- Show an awareness of clinical competencies and scope of practice, and when to refer on to a senior member of the team in a timely fashion.

Communication and Relationships

- To provide advice, information, counselling and education on all aspects of contraception and sexual health.
- To communicate highly sensitive condition related information with empathy and reassurance.
- To work as an integral part of the Sexual Health team to promote the reproductive and sexual health of clients
- Frequently required to deal with sensitive and emotional situations, safeguarding

referrals of children and vulnerable adults.

- To manage and supervise junior staff, carrying out appraisals and training when authorised by operational team lead.
- To act as a Mentor for pre-registration students.
- To act as clinical supervisor to nursing/non-nursing staff where applicable, to ensure continuity of service provision.
- Have an in-depth knowledge of the Fraser Guidelines regarding provision of contraception to people under the age of 16. Be able to assess Fraser competence as part of a team of professionals and be aware of referral pathways for Safeguarding children as stipulated by the local Safeguarding Children's Board, liaising with other professionals as necessary

Decision and Judgements

- Management of a case load of clients within the speciality and prioritise workloads to meet the clients and service needs.
- To be aware and follow procedures for Safeguarding children and vulnerable adults.
- To undertake training and complete Patient Group Direction Competency Framework in the supply and administration of drugs to clients.
- To follow the Sexual Health service/Trust's Patient Group Directions, when planning, implementing and delivering care to clients.
- To ensure own Continuous Professional development.
- To undertake an annual Personal Development review and agree a Personal Development Plan to identify any necessary training needs Trust and job specific.
- To attend Mandatory training and in service training as required
- To be personally accountable for professional and ethical acts and omissions in compliance with the NMC code of Professional conduct.
- To undertake training to be able to offer sexual health screening/testing to ensure a high quality service is provided in all clinics.
- To practice within Trusts policies procedures and pathways.
- To maintain a sound knowledge of all contraception and GU issues and procedures, with awareness of current development and research in accordance with FSRH and BASHH/BHIVA guidelines
- To support and refer vulnerable adults according to referral pathway for Safeguarding vulnerable adults
- Undertake own clinical support and supervision.
- To initiate, manage and evaluate change in practice to improve the quality of care.
- Actively participate in research, audit and clinical governance activities as required.
- Maintain a current knowledge of legislation and policies related to sexual health.
- Manage resources in line with Trust policy. If authorised sign timesheets for junior staff.

Physical Demands of the job

- There is a frequent requirement for sitting in a restricted position for a substantial proportion of the working time either in meetings, at a computer desk or while driving.
- Frequent concentration required in providing clinical care and dealing with staff issues

- Frequent exposure to highly distressing or emotional circumstances, e.g. imparting of bad news
- Frequent exposure to highly unpleasant conditions

JOB STATEMENT:

Infection Control

Maintain an up to date awareness of the infection control precautions relevant to your area of work and implement these in practice. As a minimum, this must include hand hygiene, the use of personal protective equipment, the use and disposal of sharps and communicating the importance to patients, prison staff and other health care staff you are working with. Details of the precautions and sources of advice and support to assess and manage infection control risks are provided through mandatory training which all staff must attend at intervals defined in the Trust policy on mandatory training and can be found in the Trust's infection control policies and national guidance, such as that published by NICE.

Learning and Development

As an employee of the Trust, you have a responsibility to participate, promote and support others in undertaking learning and development activities. This includes a proactive approach to ensuring you meet the statutory/mandatory training requirements of your role, and engaging in KSF appraisal processes in line with Trust policy and guidance.

Health and Safety

As an employee of the trust you have a responsibility to abide by the safety practices and codes authorised by the trust. You have an equal responsibility with management, for maintaining safe working practices for the health and safety of yourself and others.

Trainee Status

As an employee of the Trust you have a responsibility to abide by the principles outlined within this job description, you are afforded Trainee status in recognition of the need to work towards attainment of the competences assigned to the role.

Constitution, Competence and Capability

As an employee of the Trust you have a responsibility to promote and abide by the rights and responsibilities outlined in the NHS Constitution. You are additionally expected to adhere to Organisational/National/Regulatory Codes of Practice relevant to the role you are employed to undertake. At all times it is expected that you will limit the scope of your practice to your acquired level of competence and capability.

Dignity at Work Statement

South Staffordshire and Shropshire Healthcare NHS Foundation Trust are committed to treating all of our staff with dignity and respect. You are responsible for behaving in a way that is consistent with the aims of our Equality and Diversity Policy. This includes not

discriminating unfairly in any area of your work and not harassing or otherwise intimidating other members of staff.

Safeguarding Children and Vulnerable Adults

All Trust employees are required to act in such a way that at all times safeguards (and promotes) the health and wellbeing of children and vulnerable adults. Familiarisation with and adherence to Trust Safeguarding policies is an essential requirement of all employees as is participation in related mandatory/statutory training.

PERSON SPECIFICATION

JOB TITLE: Sexual Health Nurse	
DEPARTMENT: Sexual Health	BAND: 6

*Assessed by: A = Application I = Interview R = References T = Testing

ESSENTIAL CRITERIA	*	DESIRABLE CRITERIA	*
QUALIFICATIONS & TRAINING			
NMC Registered Nurse Contraception and Sexual Health qualification or equivalent experience STIF course Phlebotomy skills	A	Competent in sub dermal implant fitting Competent in the fitting of intrauterine devices Nursing or Healthcare degree V300 Non Medical Prescribing Qualification Any related courses e.g. HIV care, counselling, management/leadership course Cervical cytology certificate	A/I
EXPERIENCE			
Post registration experience of working in integrated sexual health service Working with young people and vulnerable groups	A/R	Ability to work within all relevant patient group directives Previous experience of working in outreach settings Experience of audit and research process Previous experience of managing staff	
SKILLS, KNOWLEDGE & ABILITIES			
Demonstrate working knowledge / understanding of evidence based practice. Demonstrate an awareness of current		Principles of the Mental Capacity Act 2005 Previous experience of change management	

<p>thinking and guidance in the management of sexual health conditions and contraception.</p> <p>Ability to assess and evaluate complex sexual health conditions</p> <p>Demonstrate an understanding of the need for multi-disciplinary working and an ability to work across professional boundaries.</p> <p>Ability to use own initiative, to enable contribution to a multi-disciplinary team approach.</p> <p>Keyboard skills required for inputting onto clinical systems.</p> <p>Ability to demonstrate an awareness of child and adult safeguarding procedures</p> <p>Excellent communication and organisational skills</p> <p>Ability to work within the core skills of the contraceptive and sexual health nurse as described in the JD. Ability to work as part of a team and as an autonomous practitioner.</p> <p>To work flexible hours according to service needs. e.g. evenings and Saturdays</p>			
PERSONAL ATTRIBUTES			
<p>Have the ability to prioritise own workload and the workload of others and meet set deadlines</p> <p>Good interpersonal skills</p> <p>Ability to demonstrate the positive applications of our behaviours</p> <ul style="list-style-type: none"> • Respectful • Honest and Trustworthy • Caring and Compassionate • Taking the time to talk and listen 	A/I		

- Working together and leading by example

JOB HOLDER	SIGNATURE
	DATE
MANAGER	SIGNATURE
	DATE