

Job Description

JOB TITLE: Diabetes Specialist Nurse for Maternity
DIVISION: Family Health
GRADE: Band 7
REPORTS TO: Lead Midwife for Diabetes
ACCOUNTABLE TO: Head of Midwifery/Clinical Lead

VALUES AND BEHAVIOURS



ABOUT NUH

Every day, our teams at Nottingham University Hospitals NHS Trust (NUH) make a difference. We save lives, we improve lives and we usher in new life. We are proud to play a central role in supporting the health and wellbeing of people in Nottingham, Nottinghamshire and our surrounding communities.

With more than 18,000 colleagues, we are the largest employer in Nottinghamshire and one of the biggest and busiest NHS Trusts in the country, serving more than 2.5m residents of Nottingham and Nottinghamshire and a further four million people across the East Midlands and beyond.

We provide a range of national and internationally renowned specialist services and we are at the forefront of new surgical procedures and research programmes.

We are home to the East Midlands Major Trauma Centre, the Nottingham Children's Hospital and in partnership with the University of Nottingham we host a Biomedical Research Centre carrying out vital research into hearing, digestive diseases, respiratory, musculoskeletal disease, mental health and imaging.

As a teaching hospital, we are instrumental in the education and training of doctors, nurses and other healthcare professionals. We are proud of our strong relationships with universities across the East Midlands, including the University of Nottingham, Nottingham Trent University and Loughborough University.

The last year has been challenging for our teams. Alongside our continued recovery from Covid, our maternity services are subject to an independent review and we must do more to improve our culture. We are more focused than ever on making sustained improvements across our services.

As one of the NHS Trusts identified in the New Hospital Programme, a programme of investment in NHS hospitals, we have extensive plans to improve our hospitals and the services we deliver for patients. As well as the redevelopment of the Queen's Medical Centre and City Hospital, plans for a new 70 bed NHS rehabilitation facility set to be built on the Stanford Hall Rehabilitation Estate near Loughborough, are currently going through the approvals process.

We have recently become home to the latest series of Channel 4's award-winning series 24 Hours in A&E, which takes a look inside one of the country's busiest emergency department at QMC and showcases the dedication, passion and skill of our teams.

This is an exciting time to join NUH and help support our future ambitions.

JOB SUMMARY

The Band 7 Diabetes Specialist Nurse for maternity will be a highly specialised, autonomous practitioner with a vision for developing the service women with diabetes receive during their pregnancy journey. This will span from pre-conception diabetes counselling advise through to antenatal care and beyond into the immediate postnatal period, where required.

They will be a key member of the Diabetes in Pregnancy Service, working closely with the multidisciplinary team to maintain and develop the service.

They will:

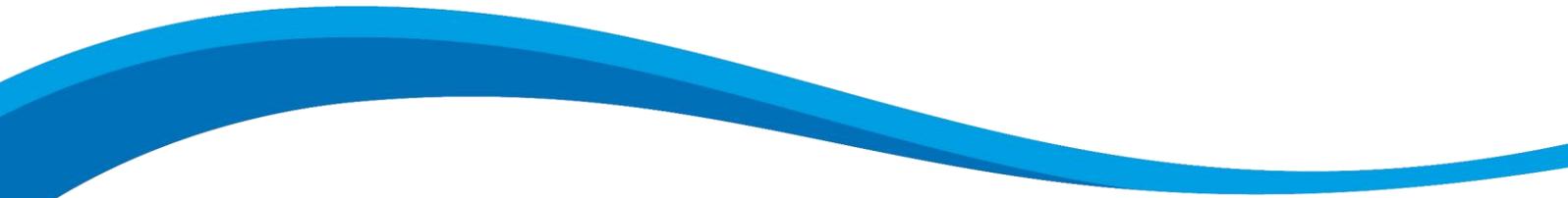
- Provide specialist care for a caseload of patients requiring specialist diabetes input during pregnancy and immediately postpartum
- Act as a source of expertise on Diabetes for women, their families and staff, including the provision of education and training.
- Have a desire to develop the service further in new areas e.g. pre-conception care

They will work without direct supervision but within the multidisciplinary team and comply with Trust policies and guidelines. The post holder will work across site – both QMC/City campuses and solely within the maternity care pathway.

Line management will be from the Lead Midwife for Diabetes. Input from the Ambulatory Care Division will also be gained, to ensure the Diabetes Specialist Nurse is fully supported to further develop new skills and access training opportunities.

KEY JOB RESPONSIBILITIES

Clinical

- Works as an autonomous, advanced specialist practitioner, providing up-to-date, evidenced based care in line with National and Local Guidelines and NMC standards
 - Plans and prioritises own work load, organises own patient caseload and has full responsibility and accountability for diabetic management decisions made.
 - Facilitates and maintains effective communication within the multi-disciplinary team in order to promote effective patient care.
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- Works as part of an MDT, providing face to face and remote patient reviews for women with pre-existing diabetes or women with Gestational Diabetes requiring insulin; using monitoring systems like GDM Health care App, Libreview, Dexcom and a variety of insulin pumps used in Nottingham University Hospitals NHS Trust.
- Is a Non-Medical Prescriber (or willing to work towards it) and works within national and local guidelines for NMP's.
- Initiates and adjusts diabetes medications appropriate for pregnancy, in accordance with Trust Protocols
- Reviews the diabetes of women with pre-existing diabetes or complex gestational diabetes referred for review whilst inpatients.
- Provides expert knowledge and support to women with pre-existing diabetes wishing to optimise their glycaemic control pre-pregnancy.
- Relates blood glucose results, urine results, HbA1C results to make informed adjustment in medication and insulin doses.
- Responds to 'call back' requests from patients and staff e.g. left on team voicemail or GDM- Health.
- Ensures service delivery is sensitive to cultural differences and that treatment planning and educational activities meet this need i.e. insulin adjustment during Ramadan.
- Has excellent counselling, motivational and negotiating skills to work with patients, promoting self-management and engendering patient empowerment
- Assists the Lead Midwife for Diabetes to identify service gaps and the need for further knowledge in health care professionals and plan strategies within each setting to meet these needs.
- Acts as a professional role model and provides and facilitates effective clinical leadership.
- Acts as a core member of the multidisciplinary Diabetes in Pregnancy team.

Education

- Identify learning needs and support and assist in the development, implementation, teaching and evaluating of training programmes in diabetes for a range of health care professionals e.g. on Maternity Forum
- To act as a mentor for diabetes care for newly appointed members of the Diabetes in Pregnancy Service or for students shadowing the clinic.
- Support and assist in the development, implementation, teaching and evaluating of training programmes, as required within the service
- Show commitment to research, audit and education to improve clinical practice and strategic development

Leadership/Research

- Contribute to the development of policies and clinical guidelines in support of the diabetes service within maternity.
- Lead on agreed QI projects for the service
- Identify need for, interpret and undertake research, surveillance and clinical audit in order to improve effectiveness and equality of patient care (both national and local audits)

Personal and Professional Conduct

- Work within NMC professional code of conduct at all times
- Ensure Trust Policy and Procedure adhered to including Health and Safety legislation, administration and storage of drugs, clinical incident reporting, infection control, child protection etc.
- Be responsible for maintaining and enhancing personal and professional development and providing evidence of competency to enable the formulation of a PDP.
- Act as role model and support professional development of all students and junior staff. Contribute to a positive learning environment.

Undertakes any other duties relevant to this position deemed necessary in line with changing practice and service needs

GENERAL DUTIES

In addition to the key job responsibilities detailed in this job description all employees at Nottingham University Hospitals NHS Trust are expected to comply with the general duties detailed below:

Infection Control

To maintain a clean, safe environment, ensuring adherence to the Trust's standards of cleanliness, hygiene and infection control.

All staff have an individual responsibility for creating accurate records of their work and for making entries into and managing all NHS records effectively in line with the Health Record Keeping Policy and other Health Records and Corporate Records Management policies and procedures in order to meet the Trust's legal, regulatory and accountability requirements

For senior/clinical managers the following statement must also be included

The post holder is accountable for minimising the risks of infections and for the implementation of the Code of Practice for the Prevention and Control of Healthcare Associated Infections as outlined in the Health Act 2006. This includes receiving assurance of risk and embedding evidence based practice into daily routines of all staff.

Safeguarding children, young people and vulnerable adults

Nottingham University Hospitals is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All staff and volunteers are therefore expected to behave in such a way that supports this commitment.

Information Governance

All staff have an individual responsibility for creating accurate records of their work and for making entries into and managing all NHS records effectively in line with the Health Record Keeping Policy and other Health Records and Corporate Records Management policies and procedures in order to meet the Trust's legal, regulatory and accountability requirements.

Health and Safety

To take reasonable care to prevent injury to themselves or others who may be affected by their acts or omissions.

To co-operate fully in discharging the Trust policies and procedures with regard to health and safety matters.

To immediately report to their manager any shortcomings in health and safety procedures and practice.

To report any accidents or dangerous incidents to their immediate manager and safety representative as early as possible and submit a completed accident/incident form.

To use protective clothing and equipment where provided.

Whilst the aim of the Trust is to promote a co-operative and constructive view of health and safety concerns in the organisation, all staff must be aware that a wilful or irresponsible disregard for safety matters may give rise to disciplinary proceedings.

Governance

To actively participate in governance activities to ensure that the highest standards of care and business conduct are achieved.

Health and Wellbeing

Employees are expected to take all reasonable steps to look after both their physical health and mental health. To support employees to achieve this NUH offers a wide range of health and wellbeing activities and interventions. The full programme can be viewed at on the staff intranet.

Line managers are expected to encourage and support staff to look after their health and wellbeing, including the release of staff to attend health and wellbeing activities and interventions.

General Policies Procedures and Practices

To comply with all Trust policies, procedures and practices and to be responsible for keeping up to date with any changes to these.

WORKING CONDITIONS

Expected to work between Monday and Friday between 8am and 5pm at the latest. Flexible shift patterns available. No requirement for nights or weekends.

JOB REVISION

This job description should be regarded as a guide to the duties required and is not definitive or restrictive in any way. The duties of the post may be varied from time to time in response to changing circumstances. This job description does not form part of the contract of employment.

Service Review

A strategic review of all Trust services is taking place, as a result of which some services, or parts of some services, may transfer from one campus to the other. This will be decided in accordance with the most appropriate way to provide the best healthcare for patients in the future and all staff will be fully consulted on about the impact of any such decisions.

Job description reviewed by: Ceinwyn Hogarth

Date: 9/4/24

