

JOB DESCRIPTION

JOB TITLE:	Nursery Nurse
BAND:	Band 4
LOCATION:	Florence House
ACCOUNTABLE TO:	Director (Adult Mental Health)
LINE MANAGER:	Perinatal Community Team Leader
KEY RELATIONSHIPS:	Team members; Health Visitors; Midwives; CMHT's; Children and Families Social Services; Maternity Services; Crisis Service; In patient wards.
HOURS OF WORK:	Part Time 18.75 hours. The post holder will be required to work flexibly to meet the needs of the service.
JOB PURPOSE:	<p>To work as part of the Perinatal Mental Health Service, whose purpose is to provide care for women with a moderate to severe degree of mental health problems during pregnancy and up to a maximum of one year postnatally. The post is primarily based in the community, with home visits forming the majority of clinical work.</p> <p>The Nursery Nurses role will predominately be to take the lead in assessing the emotional, practical and developmental needs of the babies and liaise closely with other disciplines working within the team to develop, deliver and evaluate care packages under the indirect supervision of a registered professional.</p>

MAIN DUTIES AND RESPONSIBILITIES:

1. CLINICAL

- 1.1 To support mothers in the general management of baby care, demonstrating an understanding of how this maybe hindered by the presence of a mental illness.**
- 1.2 To assist in assessing baby's health, well being and related needs and contribute to the planning, implementation and evaluation of care**
- 1.3 Offer practical support and demonstration, in respect of all aspects of child development to promote a healthy lifestyle and the wellbeing of the baby.**

- 1.4 To use therapeutic activities to achieve nursing and therapy goals, to promote bonding and encourage interaction, and to enable mums to develop their skills to provide care for their babies.
- 1.5 Undertake play sessions and illustrate by example, appropriate handling and play activities according to age group and encouraging mums to understand the importance of play in a child's development.
- 1.6 To advise and support mothers around a number of issues such as interaction skills, nutrition, safety, accident prevention, sleep problems, play skills and breast-feeding.
- 1.7 To provide information and guidance for mums regarding issues such as smoking, postnatal exercise and diet and other public health issues.
- 1.8 To assist in setting up and running support groups, events, sessions and education programmes for mothers, partners, carers and other family members.
- 1.9 To be involved in training and development of colleagues in all areas of baby care.
- 2.0 Contribute to child protection proceedings, such as writing information that will help form a report for the conference or review meeting.

3. INFORMATION / DATA RESPONSIBILITIES

- 3.1 Maintain clear, comprehensive and contemporaneous electronic and written clinical records on all service users in accordance with NMC standards and Trust policies.
- 3.2 Maintain security and confidentiality of information and clinical records relating to service users.

4. PROFESSIONAL RESPONSIBILITIES

- 4.1 To adhere to the Professional Association of Nursery Nurses Code of Practice.
- 4.2 To be responsible for continuously ensuring best practice is maintained within the service, based on evidence and up to date recommendations.
- 4.3 To be involved in training and development of colleagues in all areas of baby care.
- 4.4 Contribute to the provision of a learning environment that encourages development for all staff and students.
- 4.5 Always ensure practice is in line with the Trust's Policies & Procedures, Local & National Protocols.

5. GENERAL

- 5.1 Ensure that the unit is kept clean and tidy and that cleaning schedules are followed.**

6. ENVIRONMENTAL (e.g. C&R, physical/mental/emotional effort/working conditions)

- 6.1 To adhere to the lone worker policy and procedure.**

7. TERMS & CONDITIONS OF SERVICE

- 7.1 The Trust has a range of clinical, operational, financial, health & safety, risk management, human resource, equality & diversity and other policies and procedures. The post holder is expected to be aware of all policies which apply to them and to observe their provisions at all times. Copies of all Trust policies can be found on the Intranet or obtained from the line manager or the Human Resources Department.**

- 7.2 Employment in this post is subject to Criminal Records Bureau Disclosure. The post holder may be required to undertake a Disclosure at any time during employment.**

- 7.3 Staff are not permitted to smoke on Trust premises, either inside or outside, or inside Trust vehicles.**

- 7.4 Staff are expected to undertake all mandatory training and refresher training appropriate to their role, which may include Physical Intervention, Breakaway and Cardio-Pulmonary Resuscitation. If in doubt about which mandatory training applies to this post, advice should be sought from the line manager.**

- 7.5 All clinical and hotel services staff who are required to handle food and drink other than for their own consumption must comply with the Food Safety (General Food Hygiene) Regulations 1995. Relevant staff are issued with a 'Food Handlers: Fitness to Work' document on commencement of employment.**

- 7.6 The Trust is committed to promoting the welfare of children and vulnerable adults. Staff are expected to be aware of, and comply with their roles and responsibilities in relation to safeguarding vulnerable groups.**

- 7.7 Staff are expected to observe the highest standards of care and conduct and to engage constructively with managers, colleagues, service users/carers and others in the course of their duties.**

8. CHANGES

This document represents a description of the job at the date of issue. The Trust will periodically review this job description to ensure that it continues to meet service needs and will involve the post holder in the review process with the aim of reaching agreement on any reasonable changes which may be required. In the event that agreement is not achieved, the Trust reserves the right to insist on reasonable changes

following consultation with the post holder.