

JOB DESCRIPTION

JOB TITLE:	Parkinsons Disease (PD) Specialist
GRADE:	Band 7
HOURS:	37.5 hours per week, 5 days per week
SPECIALISM:	Parkinsons
SERVICE:	Community partnerships
LOCATION:	Across Mid Essex localities
ACCOUNTABLE TO:	AD Community Partnership
LIAISON WITH:	Service Lead

JOB SUMMARY

- To work as an advanced practitioner and deliver expert nursing service within the specialist area and team.
- To support the role of the service lead in developing and implementing a strategic development plan for nursing and nurse led services within the department.
- To provide autonomous nursing care to a caseload of patients/clients attending with Parkinsons Disease (PD) and similar Movement Disorders.
- To provide patients, their families, and anyone else involved in their care with up to date information, education and support to access appropriate care in all settings, and support agreed decision making, along regarding treatment choices.
- To minimise the negative impact of PD on patients lives by providing regular outpatient review, crisis intervention, stabilising conditions, preventing unnecessary emergency department attendances, hospital admissions and decrease length of in patients stay.
- To establish clear lines of communication within the speciality team to ensure cohesive multi-disciplinary management of patients.
- To provide links across a range of health care providers and other agencies, to support co ordinated care for people with PD, liaising between primary, intermediate, community and secondary care providers as well as liaison with the voluntary sector.
- To take a lead role in the development of evidence based clinical nursing practice in line with the current research guidelines.

- To link with healthcare teams in order to increase knowledge and facilitate the care of people with PD in the community.
- To work within the specialist team to provide a service that is compliant with NICE guidelines and supports multidisciplinary teams caring for people with PD by providing education and training to multidisciplinary teams in the best practice management of PD.

MAIN DUTIES & RESPONSIBILITIES

Leadership/Management

- To act as a clinical and professional role model for the nursing and wider multi professional team.
- To support the team lead in developing a culture of fair, equitable, consistent, and supportive management within the team.
- To support and participate in staff recruitment and retention activities within the nursing team.

Professional/Clinical

- To be accountable for his/her own practice and utilise available opportunities to sustain and improve knowledge and professional competence.
- To function as an autonomous and specialist practitioner, undertaking comprehensive patient assessment, developing, and delivering individual care plans across the spectrum of the disease. Maintain accurate records, communicate plans effectively and evaluate effectiveness of interventions.
- To work across both the outpatient and inpatient settings to manage a caseload of patients with varying PD problems, providing patients and families with information on secondary preventions, education, advice, and encouragement.
- Maintain and organise the specialist nurse-led clinic, ensuring regular review, order investigations where appropriate; refer to appropriate care providers, and be responsible for contacting the relevant care team in cases where urgent intervention may be required.
- To request and interpret tests as required within departmental guidelines and inform patients in a sensitive manner of findings and probable treatment plan. Negotiate goals for lifestyle modification; ensure that secondary prevention medication is optimised. To supply and administer medication in accordance with patient group directives or as an independent prescriber if appropriate.

Education

- To actively engage in the assessment of own educational needs, developing and agreeing a professional development plan with line manager.
- To be compliant with clinical and nursing developments as required to meet the revalidation standards of the NMC

- To maintain links with affiliated educational organisations and ensure that there is an appropriate learning environment for students and trainees.
- To support the training and mentorship of staff, students and trainees within the department.

Key Relationships

- Medical/Nursing staff -secondary and primary care
- Community mental health services
- Integrated care teams, community hospitals, social care, Occupational Therapy, Speech, and Language Therapy, Parkinsons support groups.

General

- The post holder has a general duty of care for their own health, safety, and wellbeing and that of work colleagues, visitors and patients within the hospital, in addition to any specific risk management or clinical governance accountabilities associated with the post.
- To observe the rules, policies, procedures, and standards of Provide together with all relevant statutory and professional obligations.
- To observe and maintain strict confidentiality of personal information relating to patients and staff.
- To be responsible with management support, for their own personal development and to actively contribute to the development of colleagues.
- This job description is intended as a guide to the general scope of duties and is not intended to be definitive or restrictive. It is expected that the general scope of duties will change over time and this description will be subject to review in consultation with the post holder.
- Be proactive in health promotion, provide patients and carers with information and advice about their condition ensuring the best level of understanding and promote self-care and the management at all times. Monitor the effectiveness of care and treatment through follow up as required according to departmental guidelines.
- To maintain accurate clinical records in accordance with NMC, trust, and legal requirements. To ensure that these standards are maintained within the nursing team.
- To act as a patient advocate where appropriate, ensuring respect for patient confidentiality, privacy and cultural/ethnic background. To ensure that these standards are maintained within the nursing team.
- Utilise counselling skills to support patients, carers and staff whilst remaining aware of limitations and other specialist resources available.
- In conjunction with the lead nurse for the team support and participate in the development of nurse led services as appropriate.
- Be a credible and approachable role model for junior staff and students – providing clinical support and guidance as required.
- To engage in local and national forums to develop practice and raise the profile of the service and the trust.
- Communicating with patients, carers, family members providing and receiving highly complex information about unpredictable conditions, prognosis and

dealing with any resultant unrealistic expectations or barriers to acceptance using a high level of interpersonal and communication skills.

- Work collaboratively with commissioners and other providers to promote service development that reflects the needs of people living with Parkinsons.

Quality

- To facilitate high quality, cost effective care through the use of audit, benchmarking and other quality initiatives as determined by the trust.
- To attend and participate in multi professional meetings and represent the service as required.
- To be fully aware of the targets and health agendas set by the government, trust and service and implement required actions to meet these targets.
- To identify and monitor any risk to patient or staff safety taking appropriate management action. Support the risk management process through DATIX system.
- To lead and participate in nursing clinical trials and research to support, maintain, and develop expected standards of care.
- To utilise and disseminate research findings in the delivery of specialist patient care.
- To lead and participate in the development and implementation of assessment and mentorship process for new staff to ensure that quality standards are met.

OTHER

There may be a requirement to undertake other duties as reasonably required to support the organisation, which may include work at other organisations managed locations. This may also include work outside of the postholder's normal sphere of activities, including functions not detailed within this job description or working within another location, environment, or NHS Trust. However, the postholder will not be required to undertake any function for which he or she is not trained or qualified to perform. Normal health & safety procedures would continue to apply, and accountability remains with Provide.

This job description is not intended to be exhaustive but indicates the main functions of the post as presently constituted. Periodic reviews should be carried out to ensure that the job description reflects the job being performed and to incorporate any changes. It is hoped that agreement can be reached with regards to any reasonable changes. If this is not possible, the organisation reserves the right to make changes to the job description after consultation with the post holder.

The post holder must familiarise his or herself with, and adhere to, all Provide policies and procedures, including (but not exhaustively):

- Equality and Diversity,
- Health and Safety,

- Risk Management,
- No Smoking policy
- Information Governance including Data Protection
- Business Continuity/Civil Emergencies

Copies of these documents/policies can be found on the staff intranet under both the Workforce and Provide Policies sections.

Infection Prevention & Control

The post holder is accountable and responsible for the prevention and control of healthcare associated infections and must comply with the standards set by the Health Act 2006: Code of Practice for the prevention and control of healthcare associated infections (revised January 2008).

Safeguarding Children, Young People & Vulnerable Adults

Safeguarding is a key priority of the organisation. Staff must always be alert to the possibility of harm to children, young people and vulnerable adults through abuse and neglect. This includes being aware of the adults who may find parenting difficult. All staff should be able to recognise the indicators of abuse and know how to act on them, including the correct processes and decisions to be undertaken when sharing information. The depth of knowledge you work from must be commensurate with your role and responsibilities. All staff must follow the Safeguarding policies and guidelines, know how to seek specialist advice, and must make themselves available for training and supervision as required.

PERSON SPECIFICATION

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BAND: 7

	ESSENTIAL	DESIRABLE
QUALIFICATIONS & EDUCATION	<ul style="list-style-type: none"> • Registered Nurse with current NMC registration (part 1 Adult/General level 1 or 2) • Masters in relevant nursing studies or equivalent experience) • Evidence of continuous professional development (CPD) • Evidence of further learning within neurosciences speciality • Nurse Medical Prescriber or willing to or working towards 	
WORK RELATED KNOWLEDGE & EXPERIENCE	<ul style="list-style-type: none"> • Experience in caring for patients with movement disorders. • Demonstrates evidence based clinical knowledge. • Evidence of leadership, management, and team development at clinical level. • Evidence of involvement and leadership in teaching and mentoring learners. • Evidence of involvement in the development of protocols and audit • Computer literacy 	
SKILLS & APTITUDES	<ul style="list-style-type: none"> • Communicates succinctly, clearly, and accurately both verbally and in writing. • Ability to coordinate your workload and 	

	supervise members of the team, ensuring high quality, safe and effective patient care.	
PERSONAL ATTRIBUTES	<ul style="list-style-type: none"> • Leadership Qualities • Highly motivated • Good communicator • Flexibility • Team player • Approachable • Able to manage time effectively. • Able to work in new ways and complex situations. 	
CIRCUMSTANCES	<ul style="list-style-type: none"> • Ability to travel across Mid Essex 	

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