

# **Job Description**

Job Title: District Nurse / Case Manager

Grade: Band 6

Reports To: Professional Lead

Accountable To: Managing Director of Operations

### **Job Purpose:**

The District Nurse is responsible for the assessment and management of the health needs of an identified population and for the development, implementation and evaluation of programmes of care within a range of target groups including end of life care, complex health needs and patients identified as being at risk of hospital admission.

The District Nurse will clinically supervise and provide support to a team off staff – being responsible for the development and competencies of staff within their team. To include performance development reviews, clinical supervision and recruitment and selection.

### **Organisation Chart:**

Managing Director of Operations
I
General Manager/Head of Nursing
I
Locality Manager/Quality Matron
I
Professional Lead
I
District Nurse / Case Manager

# **Key Result Areas:**

#### **Main Functions**

- Named responsibility and professional accountability for the management of a defined caseload including the delegation of tasks to other members of the team.
- The post holder will have continuing responsibility for visible leadership which ensures an equitable evidence-based service, which is underpinned by the pillars of clinical governance.
- Prescribe using the Nurse formulary and ensure that nurse prescribing is undertaken in a safe, cost effective manner.
- Develop a caseload profile, identifying those groups with specific health needs and implement and evaluate programmes of care to target groups taking a case management approach.
- Act in accordance with current local Warwickshire Safeguarding Vulnerable Adults and Trust guidelines/policy to protect vulnerable adults.
- Act within the NMC Code of Professional Conduct.
- Contribute towards ensuring the trust objectives are implemented and to support the Professional Lead in influencing change.
- Provide appropriate nursing care to patients on the defined caseloads.
- Provide specialist advice appropriate to health and social care to patients, carers, relatives and other agencies.
- Participate in the development, training and mentorship of pre-registration students/medical students and staff as required including induction and preceptorship programmes.
- To provide assistance with the resolution of complaints within the clinical speciality, or sphere of responsibility.
- To attend meetings and deputise for the Professional Lead as required and ensure that information is disseminated within the nursing team.
- Assist with the delivery of a comprehensive induction programme for new staff members.

### Communication

- Demonstrate excellent communication and negotiation skills in situations which may be complex, highly sensitive and emotive. All communication will be underpinned by the principles of data protection, dignity and confidentiality.
- Adopt and promote the highest level of verbal, non-verbal, written and electronic communication skills. Be open and honest, act with integrity and uphold the reputation of the profession as directed by the Nursing Midwifery Council (NMC, 2015).
- Take responsibility for initiating and/or engaging in open discussion with statutory and voluntary agencies and all members of the wider multidisciplinary team as appropriate
- Ensure effective communication to support continuity of care on transfer

between hospital, community, residential and nursing care settings and vice versa.

### **Analysis and Judgement**

- Promotes and maintains accurate record keeping and conforms to NMC policy and data protection legislation.
- Uses resources effectively and being aware of budgetary constraints including ordering of equipment.
- Will participate in research and development projects within the clinical field, embracing opportunities to develop knowledge by undertaking further study whilst sharing initiatives with others.
- Responsible for communicating and receiving sensitive, complex, and sometimes contentious information, dealing effectively with staff, relatives, and carers whilst ensuring confidentiality. Will use developed persuasive, motivational, negotiating skills, where agreement and cooperation is required. There may be barriers to understanding.
- Supporting the Professional Lead and Quality Matron in the development of audit systems within SWFT to ensure continuing evaluation of clinical practice by facilitating clinical audit programmes and research in line with clinical governance priorities

### **Planning and Organisational Skills**

- Supervise and direct work undertaken by other members of the skill mix team on a daily basis.
- Direct responsibility for the day to day supervision and performance of the district nursing team.
- To input statistical information by electronically recording daily activity on EMIS, ensuring each contact/activity is recorded in real time.
- Responsible for ensuring that staff are supported in accessing Clinical Supervision

### **Responsibility for Patient Care**

- Take responsibility for the complex and holistic assessment or delegation
  of planning, implementation and evaluation of care on an individual basis,
  utilising recognised models and tools, e.g. end of life care and long term
  conditions.
- As a District Nurse there will be a need for a varied clinical skill set, including, but not limited to:
  - o End of Life Care Syringe Drivers and symptom control
  - Intravenous Therapy
  - Management of Plural Drains
  - Wound Care Including complex e.g. Vacuum assisted therapy
  - Leg Ulcers Including compressions therapy
  - Continence Management Catheters, Bowel Management
  - Patient education and training of self-management techniques
  - o Long Term Condition Management Heart Failure, Diabetes,

Respiratory, Frailty, Dementia

- Social prescribing
- Named responsibility for the management of a defined caseload.
- Acts as patient's advocate where appropriate.
- Be proactive in offering health promotion and participate in health promotion activities for a defined caseload.
- Utilise health needs assessment for the local population.
- The District Nurse will recognise triggers of deterioration/increased need of patients and initiate the Continuing Healthcare/NHS Funded Nursing Care assessment process
- To work with the Professional Lead to ensure performance indicators are achieved, avoiding patient harms and supporting preferred place of care.
- Ensuring excellent working relationships and communication links with all stakeholders including acute hospital staff, Local Authorities, Social Care teams and voluntary services as appropriate for patient care.

# **Policy and Service Development**

- To take a lead on quality initiatives, including but not limited to Community care Indicators, Hand Hygiene, Saving Lives and iWGC.
- Understanding of national policy and guidance with the ability to interpret and implement at service level
- Participate in and contribute to service redesign and policy development to benefit patient care.
- Source patients'/relatives'/carers' views and feedback on their experience of SWFT OOHCC services in order to influence and inform future service provision.
- To contribute to the implementation and audit of policies, guidelines and procedures ensuring practice is evidence-based and patient centred.
- Will undertake Personal Development Reviews (PDR) and relevant development plans for members of the nursing team. Assist in the identification of individual training requirements in line with NMC Revalidation and Pay Progression requirements.

### **Responsibility for Human Resources**

- To identify workforce planning issues and actively participate in the recruitment, selection and retention of clinical staff.
- Ensure team members are up to date with mandatory and statutory training
- Responsible for Performance Development Reviews for staff within the team.
- Contributing to the promotion of team morale and management of conflict within the team by adopting an open and honest approach in order to seek resolve

### **Professional Responsibilities and Freedom to Act**

Interpret national guidance on NMC guidelines

- Promote and participate in clinical supervision
- Maintain clinical and professional competencies in accordance with relevant statutory legislation and guidance relevant to health professionals and their services

### Responsibility for Research & Development

- Ensure standards, protocols and policies are evidence based and applied to practice
- Keep abreast of current clinical issues thus always promoting best practice
- Critique and use research to inform practice
- Complete monthly clinical audits (Community Care Indicators) and support the Professional Lead with Infection Prevention audits on a monthly basis.

#### General

- The post holder will be required to have access to independent means of transport for work purposes to travel across the Trust and to other agencies
- The post holder will be unavoidably exposed to challenging working conditions such as travelling during extreme and inclement weather including snow, icy conditions and excess heat.
- The Trust endorses the principle of whether people smoke or not is a matter of personal choice but where they smoke is a matter of public concern. The policy on smoking and health protects non-smokers and requires that all Trust premises are smoke free.

### **Physical and Mental Effort**

- The post holder will undertake "people moving and handling" on a daily basis. The handling of equipment e.g. hoists is integral to the post and may be required to be undertaken in confined spaces within patient's homes.
- The post holder will be required to operate as a lone worker in accordance with Trust policies and procedures
- The post holder may come into contact with bodily fluids including urine and faeces and exudate from wounds e.g. blood and pus

#### **General Items:**

To provide short-term cover for colleagues during periods of leave.

To ensure that all Trust standards are maintained and monitored to improve the quality of care to all whom come into contact with services provided by South Warwickshire NHS Foundation Trust.

Every employee has a duty to take reasonable care of the health and safety of themselves and of other persons who may be affected by their acts or omissions at work, and to co-operate with the South Warwickshire NHS Foundation Trust to ensure that statutory and Trust regulations are complied with.

To participate in appraisals and personal reviews and work to achieve agreed set objectives.

To participate in appropriate training and development activities

To participate in team, professional and personal development activities and promote commitment to continuous development and improvement.

Ensure that all staff consciously review mistakes, complaints and incidents/near misses as well as successes to improve performance and the level of customer care.

All employees will have an organisational and individual responsibility towards safeguarding vulnerable adults, young people and children. Where employees are working with children, young people and families they have a responsibility to cooperate in national safeguarding policy around early intervention activities appropriate to improving health outcomes.

As a major provider of health care, South Warwickshire NHS Foundation Trust operate a Smoke Free Policy by providing a totally smoke free environment to help aid patients' recovery, promote health and wellbeing and minimize the risks of complications attributed to smoking tobacco and second hand smoke.

### For Band 6 and above

To abide by Infection Prevention and Control policies relevant to their area of work, and undertake the necessary level of training. This will be appraised through the KSF review process or other relevant professional review process.

To accept responsibility for the provision of effective infection prevention and control within the Trust in liaison with the Trust's Infection Control Team.

To act as a role model in applying good infection control practice and ensures compliance with all Infection Control policies.

To promote and demonstrate implementation of the Trust's Carbon Management strategy and policy, ensuring team members are fully aware of the policy and are contributing to this.

This job description is subject to review at any time in consultation with the post holder.